

General Welfare Requirement: Safeguarding and Promoting Children's Welfare (Reviewed 2017)

The provider must promote the good health of the children, take necessary steps to prevent the spread of infection, and take appropriate action when they are ill.



Sickness Exclusion Policy

Policy statement

This policy contains information to inform parents and careers about the guidance from the Health Protection Unit.

<u>What it's called</u>	<u>What it's like</u>	<u>More advice</u>
Chicken Pox	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters	Back to Nursery when spots are dry and crusted over
Conjunctivitis	Teary, red, itchy, painful eye(s)	Try not to touch eye. 24 hour Nursery exclusion after eye drops administered.
German Measles	Fever, tiredness, Raised red, rash that starts on the face and spreads down.	Back to Nursery after 6 days from on set of rash
Glandular Fever	High temperature, sore throat. Usually more painful than any before and swollen glands	
Hand, Foot and Mouth	Fever, sore throat, headache, small painful blisters inside mouth on tongue and gums (May appear on hands and feet)	Only if really unwell
Head Lice	Itchy Scalp (May be worse at night)	Treat immediately
Impetigo	Clusters of red bumps or blisters surrounded by area of redness	Back to Nursery when lesions crust or 48 hours after start of antibiotics.

Measles	Fever, Cough, runny nose and watery inflamed. Small red spots with white or bluish white centres in the mouth, red, blotchy rash.	Back to Nursey 4 days from on set of rash.
Scabies	Intense itching, pimple – like rash itching and rash may be all over the body but commonly between the fingers, wrists, elbows, arm.	Back to Nursery after first treatment.
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister type rash.	Stay away if rash is weeping.
Sickness bug/Diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea	Back to Nursery after 48hours
Tonsillitis	Intense sore throat	See GP if temperature lasts more than 48 hours or cannot swallow.
Whooping Cough	Violent coughing, over and over, until child inhales with a “Whooping” sound to get air into lungs.	Back to Nursery after 5 days of antibiotics or 21 days from onset of illness.
Threadworms	Intense itchininess around anus	See Pharmacy. Ensure good hand hygiene
Ringworm	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty	See GP